



# GLENVALE NEWS

The Newsletter of Glenvale School

Term 1 Week 8, March 22 2024



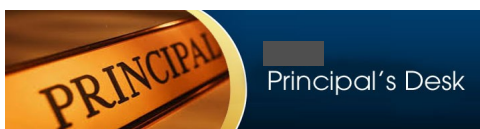
[www.facebook.com/GlenvaleSpecialSchool](https://www.facebook.com/GlenvaleSpecialSchool)



[x.com/glenvale\\_school](https://x.com/glenvale_school)

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Dear Glenvale Community



As we rapidly approach the Easter break, we are looking forward to hosting Easter events next Thursday at both of our campuses. We hope to see as many of our parents, carers, families and friends at these events. It has been a busy term and highlights over the past few weeks include sailing, swimming programs and Healthy Harold visits for both campuses. Finally, just a reminder that school photos will be taking place at both campuses next Monday.

With cooler and more changeable weather approaching we have started to see a number of students presenting at school who are unwell and there have been a number of recent COVID cases. Glenvale has many vulnerable students with complex health care needs. Students, staff and visitors cannot attend school if they are showing any cold or flu symptoms. If students are displaying these symptoms at school, staff are required to call parents and carers to collect their child. We ask for everyone's support in keeping our whole school community safe.

The next P&C Meeting will be on Thursday 28 March at 1:30pm at the Narara Campus. There will be a zoom link available to those that cannot attend, and we will have space available at The Entrance North Campus, with a screen for those that cannot make it to Narara. We will be holding elections for key positions at the meeting, and Sharryn Brownlee, the President of Central Coast P&C will be attending to assist and support with the establishment of our P&C. I would like to reemphasise that no experience is necessary to join or hold a position.

In assets news, our families from The Entrance North Campus should have recently received communication from School Infrastructure NSW about the asbestos remediation taking place in an area of the playground. This weekend work will commence to temporarily encapsulate this area so that it can be safely reopened for student use. Later this year, more significant works will take place to completely remediate the area. We look forward to this taking place so that our students can start to enjoy the space again soon. If you have any questions, please don't hesitate to contact me. At Narara works are well underway on the junior program with new Softfall due to be laid next week.

I hope that everyone has an enjoyable Easter break with family and friends.

Warm regards,  
Peter Kerr



# Important dates

Please return permission notes and information regarding students ASAP.

## Narara:

- \* Mon March 25—School Photos
- \* Wed March 27—Hot Cross buns delivered
- \* Thurs March 28— Easter Hat Parade, parents/carers welcome.

## The Entrance North:

- \* Mon March 25—School Photos
- \* Thurs March 28— Easter Hat Parade, parents/carers welcome.

## Dates for both campuses:

Term 1, last student day is Friday 12th April  
Term 2, first student day is Tuesday 30th April



For your information, our school photo day is **Monday 25th March** (next Monday). Please order/pay online or with cash, using the envelope sent home or ring us for a new envelope.



## Voluntary School Contributions

### Voluntary Contribution

Every public school asks for a small contribution towards the many costs associated with education programs.

At Glenvale, we ask that parents contribute \$35 per child each year. This has not changed for many years and is very small in comparison to other schools, even though our costs can be much higher.

Please consider sending in the \$35 as soon as you are able to do so; a payment can be made via School Bytes or cash.

Many thanks to those who have already done so.

All donations to the school over \$2 are tax deductible as Glenvale is registered with the Australian Tax Office as a deductible gift.

## Easter Hat Parade / Crazy Hair Day / Crazy Socks Day

Dear Parents & Caregivers,

On **Thursday 28<sup>th</sup> March**, Narara campus will be holding a fun Easter walk. Students are encouraged to come with an Easter hat made at home OR crazy hair OR crazy socks (or a combination of all those!)

Students may also wear mufti that day.

The parade will begin at **9:45am** and will finish at approximately **10:15am** when students will be returning to their classrooms.

Parents are invited to come and watch each class walk and dance under the COLA area, before enjoying morning tea at the end of the parade. Morning tea will conclude at 11am.

We look forward to seeing those who can make it!

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For catering purposes, could you please fill out the below reply slip and return by Tuesday 26<sup>th</sup> March if you will be attending the parade:

Child's name: \_\_\_\_\_

Number of people attending: \_\_\_\_\_



## The Entrance North



Families are invited to...

Glenvale's Easter Hat Parade at North Entrance

**Thursday, 28<sup>th</sup> March**

**Junior school (rooms 3, 4, 5, 6) - HAT parade starts at 9:30 -9.45,  
includes morning tea after the parade**

**Senior school (rooms 1,2,7,9) parade starts at 10:15 -10:30, includes  
morning tea commencing at 9.45**

Students will walk around and display their creations and hats they have made.

We look forward to seeing you.

RSVP

Student \_\_\_\_\_ Class \_\_\_\_\_

We will have \_\_\_\_\_ family members attend.

Signed- \_\_\_\_\_





We suggest all Parents/Carers go into the App Store on a phone or computer and download the School Bytes Parent Portal. This is now our payment system for voluntary contributions, uniforms and excursion/incursions. You can still pay all by cash if you prefer, most excursions will still have a cash component. Please visit Heidi (at our Narara campus) or ring us on 4325 7783 for help setting up the app. Below are instructions for how to pay for uniforms and bus money via School Bytes.

**How to order uniforms:** Complete the order form and email it to [glenvale-s.school@det.nsw.edu.au](mailto:glenvale-s.school@det.nsw.edu.au) or send the form in with your child and pay via School Bytes or cash. School Bytes instructions are below:

Uniforms: Uniforms are able to be purchased through School Bytes and sent home with the student.

Parents access this by clicking payments > add item > and selecting 'short sleeve polo size 14' etc from the list of options.

**How to pay for Bus money:** There is a line for bus money on School Bytes. It is listed as a sundry payment and parents can enter the amount they wish to pay. Parents access this by clicking payments > add item > and selecting 'bus' from the list of options



The graphic is a dark blue rectangular banner. At the top left is the 'School Bytes' logo, which consists of a green and blue cube icon followed by the text 'School Bytes'. Below the logo, the words 'Parent App' are written in large, white, sans-serif font. Underneath that, 'Available now!' is written in a smaller, light blue font. A line of white text says 'Download on the App Store or Google Play by clicking the image below.' In the center of the banner is a white smartphone displaying the app's dashboard. The dashboard has a 'Welcome John' header and several colored buttons: Finance (green), Payment History (pink), Activities (blue), Forms (light blue), Documents (orange), and Attendance (yellow). Below these buttons is a 'Students' section with two entries: 'Demetris Auer' (Riverside Public School, Sunset Valley High School) with a 'DA' status, and 'Oscar Bahringer' (Riverside Public School) with an 'OB' status. The bottom of the phone screen shows a navigation bar with icons for Dashboard, School News, Calendar, and Settings. Surrounding the phone are several circular icons connected by lines: a calendar, a credit card, a document with a checkmark, a bell for notifications, a group of people, and a megaphone. At the bottom left, a white box with the title 'Key Features' contains a bulleted list. At the bottom right, there are two buttons: 'Download on the App Store' with the Apple logo and 'GET IT ON Google Play' with the Google Play logo.

**School Bytes**

# Parent App

Available now!

Download on the App Store or Google Play by clicking the image below.

**Key Features**

- Get real time push notifications from your school
- Stay signed in and save your card for secure payments for fees and excursions
- Give consent, sign forms and respond to attendance alerts
- View the school calendar and news

Download on the App Store

GET IT ON Google Play

Narara front office display board, Easter artwork from our wonderful students.



From Room 1

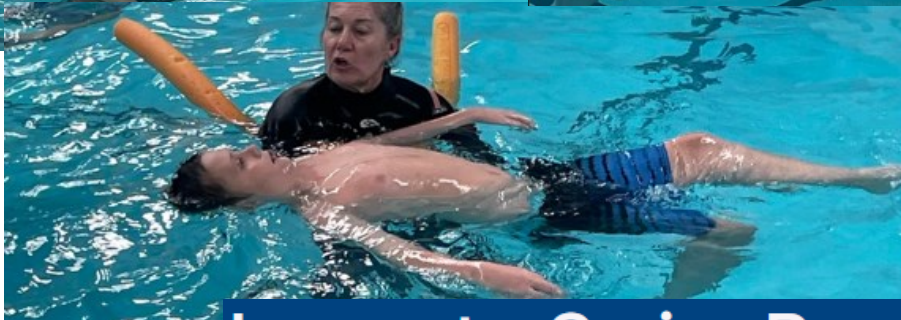


From Room 9





## Narara—first day of Swim Scheme. Well done!



## Learn to Swim Program





## Room 4 North Entrance

**"We have been learning about forces in science"**





## Room 4 North Entrance

**"We have been artists in art."**







## Room 2



Room 2 have been working hard!

They have enjoyed seeing Healthy Harold, music therapy and gradening!









## Playground Awards



### Weeks 7-8

#### Narara

Room 1: Xander C.  
Room 2: Jakoby R.  
Room 3: Archie V.  
Room 4: Leilani V.  
Room 5: Leo S.  
Room 6: Izaac K.  
Room 9: Shayla F.  
Room 10: Rylan A.  
Room 12: Eli F.  
Room 13: Ben S.  
Room 14: Rhiannon E.  
Room 16: Tyler E.  
Room 17: Jake A.  
Room 18: Jagger D.

### Weeks 7-8

#### North Entrance

Room 1: Claudia S.  
Room 2: Krystal W.  
Room 3: Jagar F.  
Room 4: Wyatt Y.  
Room 5: Kurt O.  
Room 6: Bryce T.  
Room 7: Kaiden G.  
Room 9: Ella M.





**Gosford Rotary Club proudly presents**

## **RAZZAMATAZZ 2024**

**WE ARE HAPPY TO ANNOUNCE OUR SHOW IS BACK!!**

Niagara Park Stadium - 18 Washington Ave, Niagara Park

**WEDNESDAY 17<sup>th</sup> APRIL (DURING SCHOOL HOLIDAYS)**

**11.00AM, 2.00PM & 6.00PM**

The show is organised for the Central Coast's less fortunate children & families & children/adults with additional needs & their carers.

Tickets have been proudly sponsored by local businesses & are **completely free**.

International Entertainment's RAZZAMATAZZ is a contemporary takes on your favourite, traditional circuses of ages past. Featuring a mix of Circus, variety & Magic acts by internationally renowned performers, it is suitable for all ages and guaranteed to make you laugh and marvel at the skill of this talented troupe.

The venue is wheelchair accessible.

**Please email order form to [razzamatazzshow@gmail.com](mailto:razzamatazzshow@gmail.com) for tickets.**

**Tickets will be emailed as soon as your order is received.**

**Tickets ordered directly by families/carers.**

For all enquiries, please contact MICHELLE or ANDRE

**PH: 1800 132 003 or [razzamatazzshow@gmail.com](mailto:razzamatazzshow@gmail.com)**

# GOSFORD ROTARY CLUB'S RAZZAMATAZZ

## ORDER FORM - 2024



### WHERE & WHEN

Niagara Park Stadium  
18 Washington Ave, Niagara Park  
School Holidays - Wed 17<sup>th</sup> April: 11am, 2pm & 6pm  
(Show duration approx. 80 mins)

Please complete the following:

SHOW DATE	SHOW TIME	TICKETS REQUIRED
Wednesday 17 <sup>th</sup> April	11.00am	
Wednesday 17 <sup>th</sup> April	2.00pm	
Wednesday 17 <sup>th</sup> April	6.00pm	

School/Org:	Glenvale School
Name:	
Phone:	
Email:	

**Tickets will be emailed as soon as your order is submitted**

**Tickets can be ordered as a group or individually by families/carers.**

**Please send TICKET ORDERS via EMAIL**

**E: razzamatazzshow@gmail.com**

**For all enquiries: Ph Michelle or Andre on PH: 1800 067 545**



# Central Coast Club

**Special Olympics**  
Australia  
Central Coast



We're proud to be part of the Special Olympics network that provides a range of sport, recreation, social and health opportunities, for people with an intellectual disability to have fun, be healthy, build self-esteem, demonstrate courage, and make friends.



**Special Olympics**  
Australia  
Central Coast



**Bringing sport, joy and  
inclusion to people with  
Intellectual disability/autism**



**SPECIAL OLYMPICS AUSTRALIA CENTRAL COAST  
FOR MORE INFORMATION VISIT OUR WEBSITE**

<https://www.specialolympics.com.au/centralcoast>

**or email**

**Secretary**

[centralcoast.secretary@specialolympics.com.au](mailto:centralcoast.secretary@specialolympics.com.au)

**Sports Coordinator**

[centralcoast.sport@specialolympics.com.au](mailto:centralcoast.sport@specialolympics.com.au)



# UNDERGROUND ARCADE

We ♥  
ndis

LEVEL  
UP  
WITH  
**NDIS**  
OVER 18 ONLY

 **MAGIC**  
THE GATHERING

 **DUNGEONS  
& DRAGONS**



SCAN  
HERE  
FOR  
MORE



**GAME ON!**  
**TOGETHER**

- Want to make friends and hang out?
- Play video games, Virtual Reality, Combat Simulators, Racing Sims, Pool, Dungeons & Dragons, Magic the Gathering and More?
- Are you on the NDIS?

**IF YOU ANSWERED  
YES CALL US TODAY**



[play@hvge.com.au](mailto:play@hvge.com.au)



02 6413 3001

67-73 THE BOULEVADE, TORONTO NSW 2283



# UNDERGROUND ARCADE

Welcome to the Underground Arcade! We are excited to share with you the diverse and engaging activities we offer NDIS participants throughout the week. Our programs are designed to provide a welcoming and inclusive space for participants to explore various interests, express creativity, and build a sense of community.

**Monday: Magic & More** Kick off the week with Magic the Gathering, a card game that combines strategy and skill. Our arcade is also open, offering a range of video gaming and virtual reality experiences for all levels of gamers.

**Tuesday: Creativity Unleashed** Embrace your artistic side on Tuesdays with open creativity sessions. Participants can draw, write, explore the internet, engage in social chats, and play games. It's a day dedicated to fostering self-expression and open discussions.

**Wednesday: Dungeon & Dragons Adventure** Wednesdays are perfect for those who enjoy a quieter environment. Join our Dungeons and Dragons roleplaying adventure, where participants can immerse themselves in epic tales and quests. It's a day for strategic thinking and collaborative storytelling.

**Thursday: Gaming Extravaganza** Open gaming takes center stage on Thursdays. Whether you're into video games, board games, or any other gaming recreation, this day is for you. Join fellow enthusiasts for a day filled with fun and friendly competition.

**Friday: Double Dungeons & LGBTQI+ Safe Space** Fridays bring double the excitement with two sessions of Dungeons and Dragons. Additionally, our program is designated as a safe space for the LGBTQI+ community, ensuring everyone feels welcome and respected.

**Workshops for Crafting Enthusiasts** Our program goes beyond gaming and creativity with our well-equipped workshop. Participants can unleash their maker spirit with 3D printing, resin crafting, woodwork, metal forging, and electronics. It's a space for hands-on exploration and learning new skills.



[www.undergroundarcade.com.au](http://www.undergroundarcade.com.au) | [play@hvge.com.au](mailto:play@hvge.com.au) | 02 6413 3001



## 2024 Planet Puberty Webinar Series is here!

Are you a parent or carer of a child with intellectual disability or autism?

[Join us for our free online puberty workshops!](#)

The workshops will discuss strategies, advice and resources to help you support your child with periods, arousal, emotions and everything in between!

REGISTER NOW - our Planet Puberty Webinars cover:

- Hygiene
- Masturbation
- Periods
- Wet dreams and erections
- Emotions

Please note: These workshops are for parents and carers and are not suitable for children.

***Register for the webinars here:***

**Hygiene:** It all comes out in the wash  
27th March, 11am-12pm



**Masturbation:**  
It's a touchy subject  
2nd April, 6pm-7pm



**Periods: Going with the flow**  
**10th April, 11am-12pm**



**Wet dreams and erections:**  
Preparing for lift-off  
**16th April, 6pm-7pm**



(Left) - **Emotions: Riding the rollercoaster**  
**24th April, 11 am-12pm**

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Please email us for any enquiries: [disability@fpnsw.org.au](mailto:disability@fpnsw.org.au)

Learn more: <https://www.planetpuberty.org.au/workshops/>

*Funded by the Australian Government Department of Social Services.  
Visit [dss.gov.au](https://dss.gov.au) for more information.*





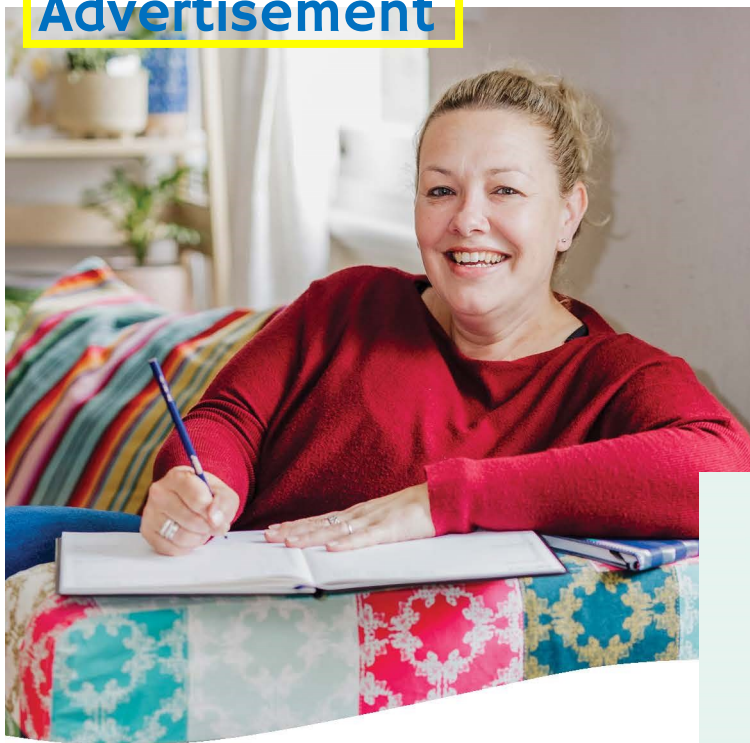
# Receive up to \$500 from ANZ for your 2025 back to school costs

**Achieve a savings goal for 10 months and ANZ will match it up to \$500. You need to:**

- ✓ Be 18 years or older
- ✓ Have a current Health Care Card or Pensioner Concession Card
- ✓ Have a child in school, starting school next year, or be studying yourself
- ✓ Get a regular income (can be you or your partner)
- ✓ Agree to join in free online financial education workshops

Terms and conditions apply.

  
**saverplus**  
[saverplus.org.au](https://saverplus.org.au)



# Take control of your finances

For every **dollar you save**, you will receive **another dollar from ANZ** to spend towards educational costs, up to \$500



**Saver Plus** gives you down-to-earth money talk – and a **\$500 incentive** to build your savings!

If you save up to \$50 a month for 10 months (the length of the program), **ANZ will double it.**

### What can the \$500 be spent on?



Laptops and tablets



Uniforms and shoes



Vocational education



Lessons and activities



Books and supplies



Camps and excursions

### To join Saver Plus



Be 18 years or older



Have a Health Care or Pensioner Card



Have a child in school, starting school next year, or be studying yourself



Get a regular income (you or your partner)

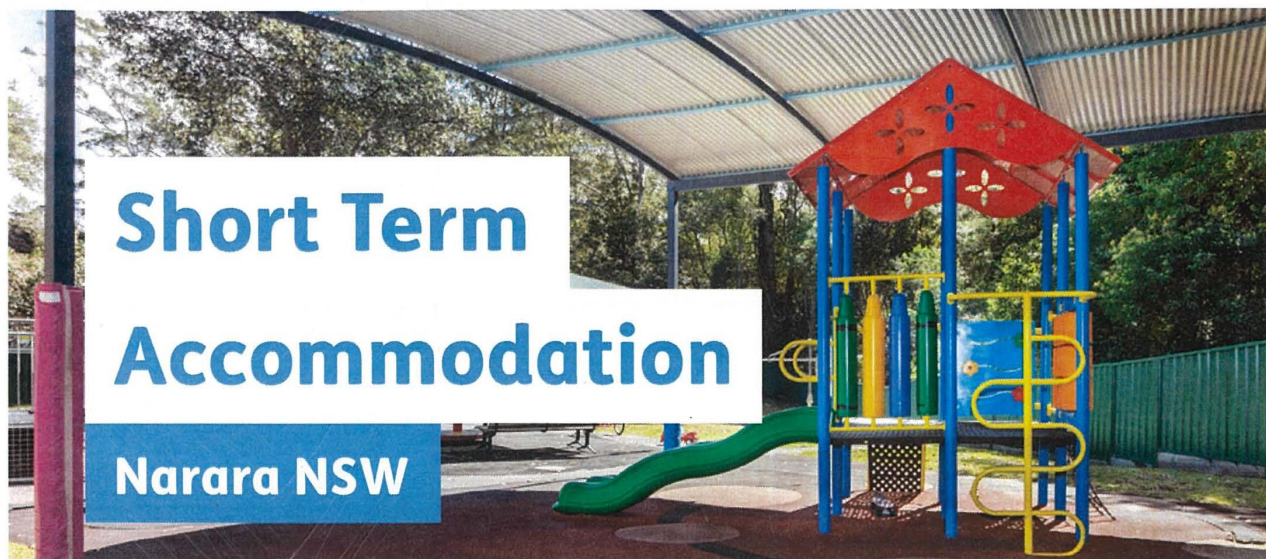


Agree to join in free online financial education workshops

**Saver Plus supports people to develop life-long savings habits.** It's delivered by Brotherhood of St. Laurence, The Smith Family and Berry Street. It's funded by ANZ and Department of Social Services.

**[saverplus.org.au](http://saverplus.org.au) 1300 610 355**





**A bright and spacious home with lots of activities to have some fun and meet friends.**

- **Safe**, friendly, fun environment
- **Individualised care** and activities to meet your child's needs
- **Highly experienced** staff
- **Short term** accommodation such as weekday overnight stays and weekend overnight stays are available as well as day stays and after school supports.
- **Supervised community access**



## About Reeves Street Respite

Respite or Short Term Accommodation Assistance is a short term support for carers of a child or young person with disability, giving carers an opportunity take a break or tend to everyday activities.

Reeves Street Respite, located in Narara, provides a range of services to meet your child's needs. A key worker will assist you in completing all paper work and will liaise with you. Your child's comfort and safety is our priority. Before an overnight stay, we recommend an initial short visit for your child to familiarise themselves with their new surroundings. As well as overnight stays, we welcome day stays.

Reeves Street Respite caters for children and young people from 7 to 18 years of age. Our centre offers 24/7 staffing services providing care to a maximum of five clients at a time overnight. Respite rates will be charged as per the NDIS price guide. We are happy to give you a guided tour of the facility when it is convenient for you.

**For more information, please contact:**

**P. (02) 4372 6302**

**E. [yourlwb@lwb.org.au](mailto:yourlwb@lwb.org.au)**

**[www.lwb.org.au](http://www.lwb.org.au)**

## LIFE WITHOUT BARRIERS

Disability services. Support on your terms.





DISABILITY SUPPORT SERVICES

## Are You Looking For Reliable And Experienced Disability Support Workers?

**Tribe Disability Support offers personalised  
goal-oriented support for individuals and  
families living with disability.**

It may take a village to raise a child, but it's only when you're surrounded by people with common values and a strong sense of unity, that you truly thrive. This is when you find your Tribe.

Tribe Disability Support provides that sense of belonging and unity through our traditional and personalized approach to supporting individuals and their families living with a disability.

### OUR SERVICES INCLUDE



COMMUNITY ACCESS  
+ PARTICIPATION



CONTRIBUTING TO  
HOUSEHOLD TASKS



HEALTH  
AND HYGIENE



PERSONAL  
ACTIVITIES



MEAL  
PLANNING



SKILLS  
IMPROVEMENT



Disability support throughout  
the Central Coast and Newcastle

Phone: (02) 4339 5277

Email: [info@tribesupport.com.au](mailto:info@tribesupport.com.au)

[www.tribesupport.com.au](http://www.tribesupport.com.au)

tribesupport

tribesupport





"Transforming Lives"

**We**  **ndis**

Registered  
NDIS Provider

Our goal is to tailor the support provided to ensure individual needs are met. **Songbird** will work collaboratively with informal and formal supports to ensure positive outcomes.

At **Songbird** we strive to empower individuals, no matter their ability, to live with independence and thrive within their communities across the Hunter.



**SONGBIRD**  
Personalised Support  
to Transform Lives

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1B Hartley Drive Thornton NSW 2322

[enquiry@songbird.com.au](mailto:enquiry@songbird.com.au)

[www.songbird.com.au](http://www.songbird.com.au)

**Short Term Accommodation**

REGISTERED NDIS SERVICE PROVIDER

- Community Activities & Experiences
- Empowering To Achieve Goals
- Collaborative & Caring Approach



**SONGBIRD**  
Personalised Support  
to Transform Lives

## Advertisement



Trilogy Disability Services is a locally based NDIS Disability care provider, that offers youth disability respite care and support to individuals with complex care needs.

Trilogy provides a nurturing and safe environment to children with high medical needs and understands the challenges families and individuals face with disability care. We have houses open for respite stays all year round and work with families to ensure their child's needs are met.

Staff are trained in managing complex care needs for mobile or wheelchair dependent clients such as personal care, PEG feeding, epilepsy, manual handling/hoisting. Supervision of clients and staff is provided by a Registered Nurse.

If you would like more information on how we can best support you or would like a tour one the houses please reach out to Cathy Deblaere (Director) 0490 891 120 or Karina Williams (RN) 0490 274 42.

